

## Structure of studies

The studies of A Bachelor of Health Care are 210 credits. According to the curriculum, one year of studies equals to 60 credits, which means 1600 hours of study work. The study work consists of e.g. lectures, online and independent studying, and practical training. The studies include research and development activities based on working life.

Types of Studies	Extent	Description of Studies
<b>Basic Studies</b>	30 ECTS	Basic studies consist of introduction to UAS studies, learning objectives and content of education. The studies provide a solid foundation for professional growth, responsible working, lifelong learning and the development of language and communication skills
<b>Professional Studies, Theory</b>	155 ECTS	Professional studies offer the student a deeper insight into the essential range of problems and applications and into their scientific foundations. They give the student a good base to work independently as a physiotherapist, in managerial positions, in development work and as an entrepreneur after graduation.
<b>Professional Studies, Internship</b>	Is included in professional studies	The aim of internship is to introduce the student to the practical work and to the choice, use and application of different working methods and practices. The student learns to improve the quality of his or her work and to create new problem-solving methods in a client-oriented manner. Internship prepares the student for the requirements of the working life as it deepens his or her professional competence, skills and knowledge and enhances his or her employment opportunities in his or her own field and specialty area.
<b>Thesis</b>	15 ECTS	<p>Thesis is a working-life-oriented learning process for the student as it is supervised, guided and evaluated by professionals. The aim of the thesis is to improve the viability of working life and at the same time deepen the professional skills and knowledge of the student in the chosen topic. A thesis can be research-based, practise-based or an expression of subjective creativity. In the thesis process the student is responsible for</p> <ul style="list-style-type: none"> <li>- finding a thesis topic integrated with working- life</li> <li>- increasing his or her knowledge in the subject field and creating the framework for the assignment</li> <li>- completing the assignment and reporting on the process and outcomes</li> <li>- finalising the thesis and drafting information material</li> </ul> <p>The thesis offers a flexible way of entering the working-life and a good opportunity for networking in the field.</p>
<b>Alternative Studies</b>	10 ECTS	Alternative studies direct and support the development of the student's expertise according to his or her interests. The student can choose courses from joint study modules at Savonia UAS or courses that are

		arranged by other faculties at Savonia UAS or by other schools or universities. The studies arranged elsewhere have to correspond to the level of studies in higher education.
<b>Total</b>	210 ECTS	